

Holding the coins in the right hand, recite the following 3 times:

<p>Humankind, Psalms 107 (selected verses)</p>	<p>Some lived in darkness and the shadow of death, bound in cruel irons. God brought them out of darkness and the shadow of death, broke their bonds asunder. There were fools with sinful ways, and they suffered for their iniquities. All food was loathsome to them, they reached the gates of death. In their adversity they cried to the LORD, and they were saved from their troubles. God gave an order and they were healed, they were delivered from the pits. Let them praise the LORD's grace and wondrous deeds for humankind.</p>	<p>בְּנֵי אָדָם, יְשֻׁבֵי תְשׁוּבָה וְצַלְמוֹת אֲסִירֵי עֲבִי וּבְרִזָּה ל': יִצְיָאֵם מִחֲשֶׁךְ וְצַלְמוֹת וּמוֹסְרוֹתֵיהֶם יִנְתַּק: אֲוִלִים מִדְּרֹךְ פִּשְׁעָם וְיִמְצְאוּ גִּתְיָהֶם יִתְעַנּוּ: כָּל־אֶכֶל תִּתְעַב בְּפִשָׁם וַיִּגְיֵעוּ עַד־שַׁעְרֵי מוֹת: וַיִּזְעַקוּ אֶל־ה' בָּצָר לָהֶם מִמַּצָּ, קוֹתֵיהֶם יִוֹשִׁיעֵם: יִשְׁלַח דְּבָרוֹ וַיִּרְפָּאֵם וַיִּמְלֵט מִשְׁחִיתוֹתָם: יִזְדּוּ לַה' חֲסִדוֹ וְנִפְלְאוֹתָיו לְבְנֵי אָדָם:</p>	<p>תהלים ק"ז (לקט פסוקים)</p>
<p>Job 33</p>	<p>If one has a representative – a single advocate against a thousand to declare their uprightness; Then God has mercy on them and decrees, “Redeem them from descending to the pit, for I have found atonement.”</p>	<p>אִם־יֵשׁ עֲלֵיו מִלְּאָךְ מְלִיץ אֶחָד מִבְּנֵי־אֱלֹף לְהַגִּיד לְאָדָם יִשְׂרָאֵל: וַיִּחַנְנוּ וַיִּאָמֶר פְּדֵעֵהוּ מִיָּדְךָ שְׂחַח מִצָּאתִי כֹפֵר:</p>	<p>איוב ל"ג</p>

Revolve the coins around the head 3 times while reciting:

These are substitute, these are my exchange, אֵלֶּי חֲלִיפְתִי, אֵלֶּי תִמְוֶרְתִּי, אֵלֶּי
these are my atonement. These coins will go to כְּפָרְתִי. אֵלֶּי הַמְעוֹת יֵלְכוּ לְגִמְלוֹת
good deeds, and I will go and enter a good, long, חֲסִדִים וְאֲנִי אֵלֶּךְ וְאֶכְנֵס לְחַיִּים טוֹבִים
and peaceful life. אַרְכָּי וּלְשָׁלוֹם.

Text and translations adapted from the Koren Sacks Siddur and from Tanakh: The Holy Scriptures, JPS, 1985, Sefaria.